College of Medical Laboratory Technologists of Ontario

Factsheet

Factsheet for therapy or counselling funding

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The CMLTO's Factsheet for therapy or counselling funding describes the requirements and conditions under which funding will be provided to patients who have been sexually abused by a Medical Laboratory Technologist (MLT). The factsheet describes the requirements found in the *Regulated Health Professions Act, 1991* (RHPA) and Ontario Regulation 59/94. The factsheet serves to inform patients and their therapist/counsellor about the information, processes, and funding used in this program.

If you have any questions about this factsheet, please contact the CMLTO Professional Conduct department by email at professionalconduct@cmlto.com or by telephone at 1-800-323-9672.

What is the purpose of the funding for therapy and counselling program?

The program is required by the RHPA and was established by the College of Medical Laboratory Technologists of Ontario (CMLTO) to provide funding for therapy or counselling for persons who, while patients, allege they were sexually abused by an MLT. The funding is meant to cover the cost of funding for therapy or counselling from trained professionals (up to the maximum permitted by the RHPA).

Who is eligible for funding?

Any patient who alleges they were sexually abused by an MLT is eligible for funding. A patient continues to meet the definition of a "patient" for one year after they ceased to be the member's patient. The ordinary meaning of "patient" applies and Regulation 260/18 under the RHPA also sets out specific criteria that apply (for example, if the MLT made a written record of the services and there was a direct interaction between the MLT and the patient

How do I apply?

You will need to complete the Request for funding - **Form A**. Your therapist/counsellor will be required to complete **Form B** and provide details regarding their training and experience. You can submit completed forms by email to professionalconduct@cmlto.com or mail to:

Patient Relations Committee
College of Medical Laboratory Technologists of Ontario
Suite 2100 - 25 Adelaide Street East
Toronto, Ontario M5C 3A1

Am I required to undergo any assessment prior to being eligible?

No, you are not required to undergo any testing or other assessment before receiving funding.

Can I choose my therapist or counsellor?

Yes, you can choose any therapist or counsellor if they comply with the following:

- Must not have any family relationship with you.

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- Must not be a person who has at any time or in any jurisdiction been found guilty of professional misconduct of a sexual nature or been found civilly or criminally liable for an act of a similar nature.

Does the therapist or counsellor have to be a member of a regulatory College?

No, however, if the therapist or counsellor is not a member of a regulated health profession, you are required to declare that you understand the therapist/counsellor is not subject to professional discipline processes and that the CMLTO cannot verify whether the therapist or counsellor has ever been found guilty of professional misconduct, incompetence, or incapacity.

Who receives the funding?

The funding is paid directly to the therapist or counsellor. If your request is approved, your therapist or counsellor will submit their invoice to the CMLTO.

What exactly does this funding pay for?

The funding is intended to assist with the cost for therapy and counselling related to the alleged abuse only and will not be applied directly or indirectly for any other purpose.

When does funding begin?

Funding is available immediately after your request is approved by the Patient Relations Committee. Please see their policy related to request for funding here.

Is there any other coverage that might affect the funding from the CMLTO?

Yes, the funding that is provided for therapy or counselling is reduced by the amount covered by the Ontario Health Insurance Plan (OHIP), or any private insurance coverage you have. Both you and your therapist or counsellor will be requested to provide information about any other coverage for therapy or counselling.

What is the maximum amount and the time period in which funding is provided?

The maximum amount that can be issued by the CMLTO is defined in Ontario Regulation 59/94. It is the amount that OHIP would pay for 200 half-hour sessions of individual out-patient psychotherapy with a psychiatrist, based on the current OHIP schedule of benefits on the day the person becomes eligible. Additionally, funding may be provided for five (5) years from the day the patient first received therapy or counselling related to the sexual abuse or the day on which the patient becomes eligible for funding, whichever is first.

What happens if I change therapists or counsellors?

You and your new therapist or counsellor will be required to complete a new request form and submit the required documents.

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